

# HB 137: Pain Medication Management & Education

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July 2007-July 2009

# Legislative Charge

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- Research
    - Causes, risk factors, solutions
  - Educate
    - Health care providers
    - Patients
    - Insurers
    - General public
  - Create Guidelines
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# Collaboration

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- ❑ Steering Committee (11)
    - Meets monthly
  - ❑ Advisory Committee (106)
    - Open to all interested parties & stakeholders
    - Meets quarterly
  - ❑ Work Groups
    - Patient and Community Education (25)
    - Policy, Insurance, Incentives (12)
    - Data, Research, Evaluation (7)
  - ❑ [www.health.utah.gov/prescription](http://www.health.utah.gov/prescription)
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# RESEARCH



# Research

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- ❑ Prescription drug overdose deaths were #1 cause of accidental death in Utah in 2006
  - ❑ Average age: 41.9
  - ❑ 51% male
  - ❑ 24 counties
  - ❑ 47% of decedents had an active Rx for an opioid at time of death
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# Research

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- ❑ Obtained access to DOPL Controlled Substance Database (CSDB)
  - ❑ Completed first study using Medical Examiner, Death Certificate, & CSDB data
    - Identified potential funding for this study
  - ❑ Identified need for in-depth study of decedents
  - ❑ Obtained IRB (Internal Review Board) approval for study using Emergency Department data
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# EDUCATION



# Education: Health Care Providers

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- Partnership with Utah Medical Association, Lifesource, and HealthInsight
  - Provider Behavior Change:
    - One-on-one education in the office
    - Conferences/ Group Sessions
    - Mailings
  - Timeframe: May 2008- June 2009
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# Education: Patients & General Public

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- Media Campaign Jan 2008-Jan 2009
    - TV/Radio spots
    - Decals in pharmacies and doctors' offices
    - Website
    - Campaign Awareness Week
  - Community Presentations
    - Producers of "Happy Valley"
    - Raise awareness; break the stigma
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# Education: Insurers

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- Policy, Insurance, Incentives Work Group
    - Representatives from Altius, Regence, Molina, Medicaid, Department of Insurance
    - Identify areas that need change
    - Discuss how to make state-wide changes to insurance
      - Requires policy change
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# GUIDELINES



# Guidelines

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- ❑ Completed guideline review process
  - ❑ Identified top 5 scientifically-based guidelines
  - ❑ Convened guideline Expert Panel
  - ❑ Will convene Implementation Panel in June
  - ❑ Press conference to release guidelines
  - ❑ Scheduled date for completed Guidelines: July 31, 2008
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# The End



## Budget Breakdown

	<b>FY 08</b>	<b>FY 09</b>
Labor Commission	\$250,000	\$250,000
Legislative Appropriation	\$150,000	\$150,000
Workers Compensation Fund of Utah	\$77,000	
U of U, Research Center for Excellence in Public Health Informatics	\$23,000	
Utah Dept of Human Services		\$ to be determined
Total	\$500,000	\$ to be determined

## Expenditure Breakdown

	<b>FY 08</b>	<b>FY 09</b>
Statewide Media Campaign	\$200,000	\$50,000 - \$100,000
Physician Education	\$150,000	\$100,000 - \$200,000
Program	\$100,000	\$150,000
Community Education Contract	\$15,000	
Research		\$200,000 - \$400,000
Total	\$500,000	\$ to be determined